

WEEKLY BULLETIN



MONDAY 6th NOVEMBER

11.00am Alive & Active Exercises

An afternoon of listening to war songs, drinking tea & eating cake

TUESDAY 7th NOVEMBER

Morning – Manicures

Afternoon – Elbows out, eyes down it is Bingo time

WEDNESDAY 8th NOVEMBER

11.00am Alive & Active Exercises

Afternoon – the quiz begins properly this week, including pictures of famous people born in November

THURSDAY 9th NOVEMBER

Morning – Manicures

Afternoon – Yoga workout, followed by the traditional beanbag throw

FRIDAY 10th NOVEMBER

11.00 Alive & Active Exercises

Afternoon – Drink gin and tonic and eat nibbles as you relax to watch the exciting film Casablanca

SATURDAY 11th NOVEMBER

Remembrance Day



11.00am 2 minutes silence for Remembrance Day

Afternoon – Play Your Cards Right

SUNDAY 12th NOVEMBER

11.00am we gather together to watch the Remembrance Sunday Service

Afternoon – A war time memory quiz.

What can you remember (rations, famous songs etc)

FORTHCOMING EVENTS

Friday 17th November

Staff & Residents join together to decorate their doors to raise money to support Children in Need

BROOKFIELDS

Private Nursing Home





In Flanders Fields

John McCrae 1872-1918

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.
We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.

Happy Birthday To you!

5th NOVEMBER Kylie • 7th NOVEMBER Narinder

11th NOVEMBER Simon