



# WEEKLY BULLETIN



## Join us for our HOLIDAY MEMORIES WEEK

**MONDAY 5<sup>th</sup> AUGUST**

**11.00am Alive & Active Exercises**

**Afternoon – A trip down holiday memory lane**

**TUESDAY 6<sup>th</sup> AUGUST**

**Morning – Jigsaw Club, Fresh Air & Manicures**

**Afternoon – Concentrate, and listen to those numbers as it is Bingo time!**

**WEDNESDAY 7<sup>th</sup> AUGUST**

**11.00am – Exercise with a difference**

**Afternoon – The first quiz of the month, come and join your team for our Brookfields Quiz**

**THURSDAY 8<sup>th</sup> AUGUST**

**Morning – Fresh Air & Manicures**

**Afternoon – Higher or Lower?  
Join us for Play Your Cards Right**

**FRIDAY 9<sup>th</sup> AUGUST**

**11.00am Alive & Active Exercises**

**Afternoon – Holiday fun & adventures**

**SATURDAY 10<sup>th</sup> AUGUST**

**Afternoon – We have all had some wonderful holiday adventures, so we thought we would test your memories with a Holiday quiz**

**SUNDAY 11<sup>th</sup> AUGUST**

**Sunday afternoon activity of Resident's choice**



**BROOKFIELDS**

Private Nursing Home



## **Our most well-known Pier is Brighton Pier, but did you know...?**

### **NAME OF THE GAME**

**Its full name is actually Brighton Palace Pier, with it regaining the Palace part in 2016 after new ownership restored it. In the 1800s it was known as Brighton Marine Palace & Pier.**

### **WALK THE PLANK**

**If every piece of wood that makes up the pier was laid out end to end, it would stretch on for 85 miles. That would take you more than a day to walk without rest!**

### **BATTLE STATIONS READY**

**During World War Two, the pier was instructed by the war office to close as it could be targeted for foreign invasions. It was guarded at all times & a whole section had to be removed.**

### **PAINT JOB**

**The pier has 1,722ft of planking, which means it takes an enormous amount of time to repaint – in fact, every year it takes deck hands three months to complete.**

### **MAKING THE GRADE**

**In 1971 the pier was listed as a Grade II building. This is because it has historic significance, as the pier's origins go back to the 1800s.**

### **COME ONE, COME ALL**

**The pier regularly tops the charts in England as a popular tourist spot. In 2019 it attracted 4.9million visitors, making it the most visited free attraction outside of London.**

### **HALL OF FAME**

**The World Atlas names Brighton Pier as the 6th most famous pier in the world, with Busselton in Western Australia, Pier 21 in Canada and Star Ferry Pier in Hong Kong taking the top spots.**

### **UP IN FLAMES**

**In 2003 a fire erupted on Palace Pier, which was believed to be an arson attack. Firefighters had to approach the flames on foot as the pier was too narrow to drive the fire engine on.**

**HAPPY BIRTHDAY TO YOU MARY !  
11th AUGUST**