



## WEEKLY BULLETIN

### Shrovetide & Competition Week

Once again Brookfields will be split into two teams to compete to lift the winner's trophy on Friday 7th March. From Monday to Thursday the staff will also be competing in the morning to win points for their team.

#### MONDAY 3<sup>rd</sup> MARCH

11.00am Alive & Active Exercises

Afternoon – To start competition week and to score points for your team, join us for basketball madness!

#### TUESDAY 4<sup>th</sup> MARCH

##### Shrove Tuesday

Morning – Manicures & Fresh Air

Afternoon – Not just ordinary bingo, cross your fingers & hope luck is on your side as you play to score points for your team.

The points go to your team, but you keep the prizes

#### WEDNESDAY 5<sup>th</sup> MARCH

##### Ash Wednesday

Afternoon – As competition week hits the midway point, it is a Brookfields quiz with a difference, as everyone is split to score points for their teams

#### THURSDAY 6<sup>th</sup> MARCH

##### World Book Day

Afternoon – As we celebrate World Book Day, come along for a game of Wheel of Fortune with book themed questions and see if you can win points for your team

#### FRIDAY 7<sup>th</sup> MARCH

Afternoon – Staff & residents join together to see if they can win final points for their teams with an Afternoon at the Races.

The winning team will be presented with their trophy

#### SATURDAY 8<sup>th</sup> MARCH

Afternoon – We have enjoyed eating pancakes throughout the week so why not have a go at our Pancake Quiz

#### SUNDAY 9<sup>th</sup> MARCH

The residents' activity of choice!

**BROOKFIELDS**

Private Nursing Home

# Shrovetide!

P L A Y E R S G A B S A  
C O J A C K S G O A L S  
A R S D R A N W O D O H  
R U P A R D S I P L N B  
B U C C A N E E R O I O  
C D S T E E R T S C M U  
I K I C K E D P O A O R  
T A B F O O T B A L L N  
A I C K G N I T I C X E  
M A E T Y A O M A T C H  
A A S O L I M A I R E O  
R S B A L L K E I L A L  
D E R B Y S H I R E S S

*Derbysbire, Ashbourne, Exciting, Dramatic, Game, Football, Local, Team,  
Goals, Ball, Kicked, Streets, Players, Match, Down'ards, Up'ards.*



**HAPPY BIRTHDAY TO YOU!**

MARGARET 5th MARCH / LEYANA 9th MARCH