

# WEEKLY BULLETIN

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**MONDAY 29<sup>TH</sup> MAY**

9.30am – Fire Alarm Test

11.00am Alive & Active Exercises

Afternoon – Biscuit decorating competition  
to celebrate Biscuit Day

**TUESDAY 30<sup>TH</sup> MAY**

Morning – Manicures

Afternoon – Dabbers at the ready, it's Bingo time!

**WEDNESDAY 31<sup>ST</sup> MAY**

11.00am – Exercise with a difference celebrating  
Health & Fitness Day

Afternoon – The last quiz of the month,  
who will be victorious?

**THURSDAY 1<sup>ST</sup> JUNE**

Morning – Manicures

Afternoon – 'Say Something Nice' yoga,  
a smiley happy session

**FRIDAY 2<sup>ND</sup> JUNE**

11.00am – Alive & Active Exercises

Afternoon – Teams at the ready for our  
Garden Darts challenge

**SATURDAY 3<sup>RD</sup> JUNE**

Afternoon – Activity of residents' choice

**SUNDAY 4<sup>TH</sup> JUNE**

Afternoon – A deliciously tasty biscuit quiz

**BROOKFIELDS**

Private Nursing Home





HAPPY BIRTHDAY TO YOU!

JAYNE 31ST MAY • KAM 1ST JUNE  
GORDON 3RD JUNE

As we celebrate Biscuit Day this week,  
can you name these biscuits?



*Digestive, Bourbon, Nice, Custard Cream, Malted Milk, Fig Roll,  
Pink wafer, Party Ring, Chocolate Digestive*

DON'T FORGET IT'S SHERRY TIME AT 3.00 O'CLOCK EVERY DAY!