



JOIN US FOR COMPETITION WEEK

Resident's rooms are split with odd numbers playing for the RED team and even numbers playing for the YELLOWS. The staff are split into RED & YELLOW and Brookfields turns into a competitive home for 5 days.
The winning team will be revealed at our SPORTS DAY on Friday 31st July.

MONDAY 27th JULY

Afternoon - Starting off Competition Week, join us for a game of **BASKETBALL HOOP** where you can win points for your team

TUESDAY 28th JULY

Morning - Manicures & Fresh Air

Afternoon - This is **BINGO** with a difference, you win points for your team by winning a row, corner & house. Come on down!

WEDNESDAY 28th JULY

11.00am - **HOOPLA BEANBAG THROW**. Points mean prizes for your team.
Pop down before lunch to compete with the other residents.

Afternoon - It's **BROOKFIELDS QUIZ** time and The Champions have edged in front this month - can Brookfields Best catch up?

THURSDAY 30th JULY

Morning - Manicures & Fresh Air

Afternoon - Get your best aims in with **MAGNETIC DARTS** to win points for your team

FRIDAY 31st JULY

Afternoon - **BRITISH HEART FOUNDATION CHARITY SPORTS DAY**

We have an Ice cream van, games to win prizes for your team and a chance to throw sponges at staff & family members!
Come along & join in the fun, fundraising for a very good cause

SATURDAY 1st AUGUST

Afternoon - Test your music knowledge with this week's **MUSIC QUIZ**

SUNDAY 2nd AUGUST

Afternoon - A movie afternoon with a glass of fizz

BROOKFIELDS

THE COMMONWEALTH GAMES are taking place in Glasgow this year & we thought you would like to do a quiz to test your knowledge. Are you destined for gold medal glory or will you struggle to get off the starting blocks? Good luck!

In which year was the first ever Commonwealth Games held?

1890, 1918, 1930, 1945

What other name is the Commonwealth Games sometimes known by?

The Friendly Games, The Positive Games, The Hopeful Games, The Welcoming Games

Which country has most frequently hosted the Commonwealth Games?

Australia, Canada, India, New Zealand

At which Commonwealth Games was there finally an equal number of medal events for women & men?

1982, 1994, 2006, 2018

Which of these cities hasn't hosted The Commonwealth Games?

Delhi, Kuala Lumpur, Manchester, Adelaide

In 2000, the first Commonwealth Youth Games was held.

How old do you have to be to enter?

10, 12, 14, 16

Which of these sports doesn't feature at the Commonwealth Games?

Beach volleyball, Lawn bowls, Skateboarding, Table tennis

How many medals have been won since the games began in 1930?

Over 1,000, Over 5,000, Over 7,000,
Over 10,000

1930, The Friendly Games, Australia,
2018, Adelaide, 14,
Skateboarding,
Over 10,000

Happy Birthday to you!

28th July, Barbara