

WEEKLY BULLETIN

All Things Derbyshire Week

MONDAY 18TH SEPTEMBER

11.00am Alive & Active Exercises

**Afternoon – As we start the week of ‘Celebrating Derbyshire’
what better film to watch than The Duchess**

TUESDAY 19TH SEPTEMBER

Morning – Manicures

Afternoon – Dabbers at the Ready for Bingo

WEDNESDAY 20TH SEPTEMBER

11.00am Exercise, fun & games

**Afternoon – New questions, new brainteaser – who will
be victorious this week in the quiz?**

THURSDAY 21ST SEPTEMBER

Morning – Manicures

Afternoon – Derbyshire Card Bingo

FRIDAY 22ND SEPTEMBER

11.00am Alive & Active Exercises

Afternoon – Anti Bakewell Tart Yoga Stretch!

SATURDAY 23RD SEPTEMBER

Afternoon – What will the residents choose to do this week?

SUNDAY 24TH SEPTEMBER

Afternoon – We all live here, lots of us were born here.

Test your knowledge with our Derbyshire Quiz

FORTHCOMING EVENTS

FRIDAY 29TH SEPTEMBER 10.30am

Macmillan Coffee Morning, all very welcome

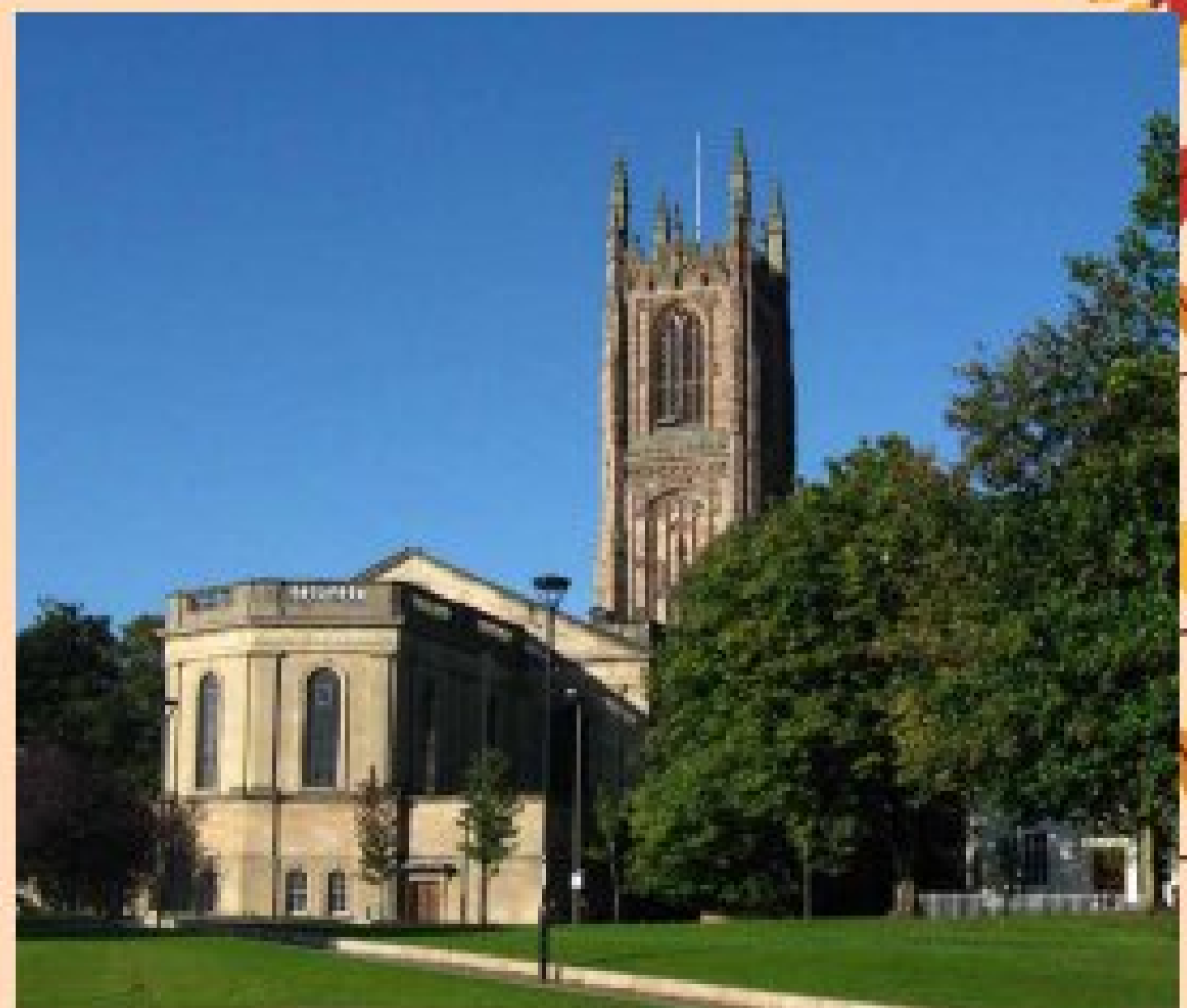
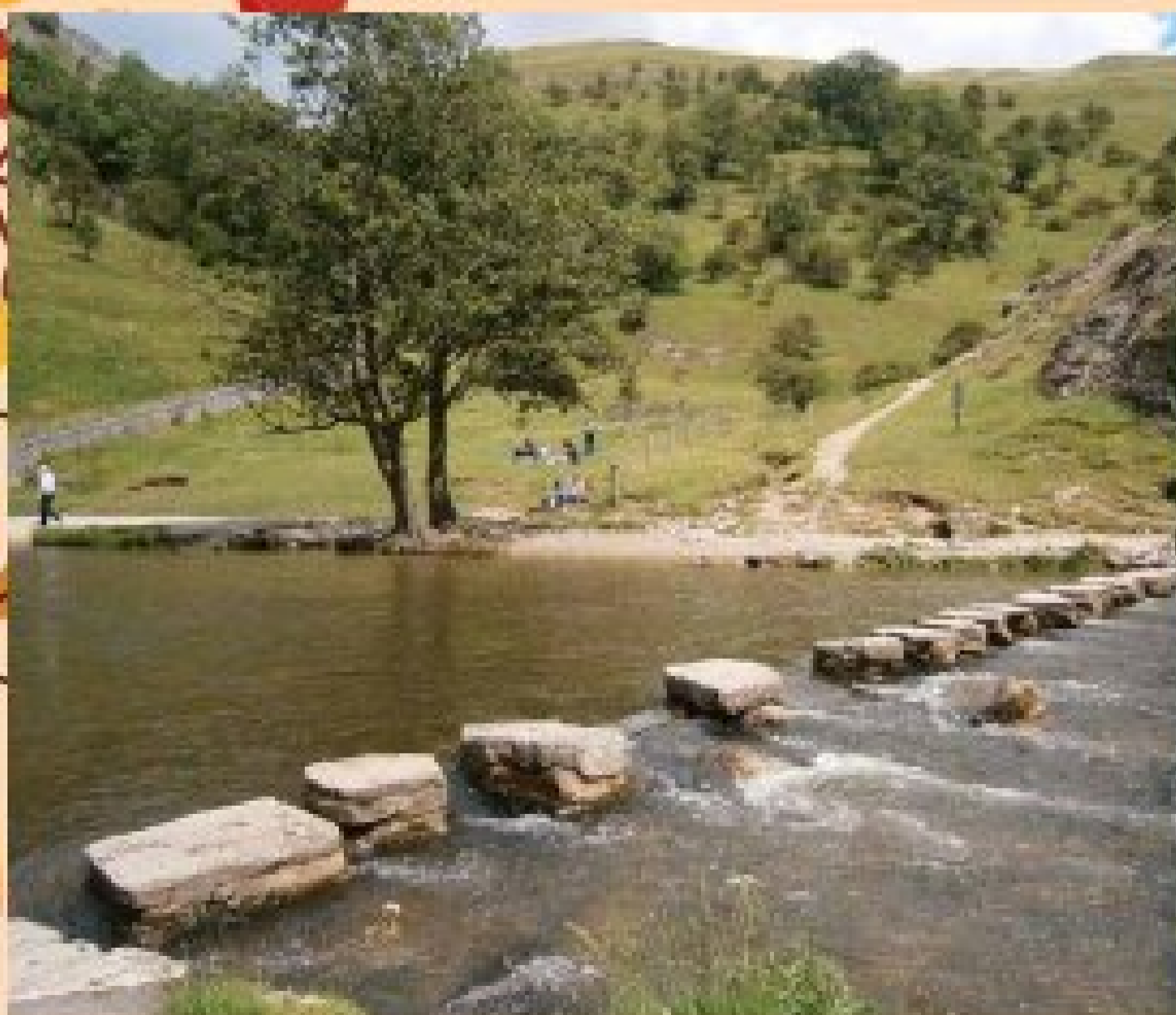
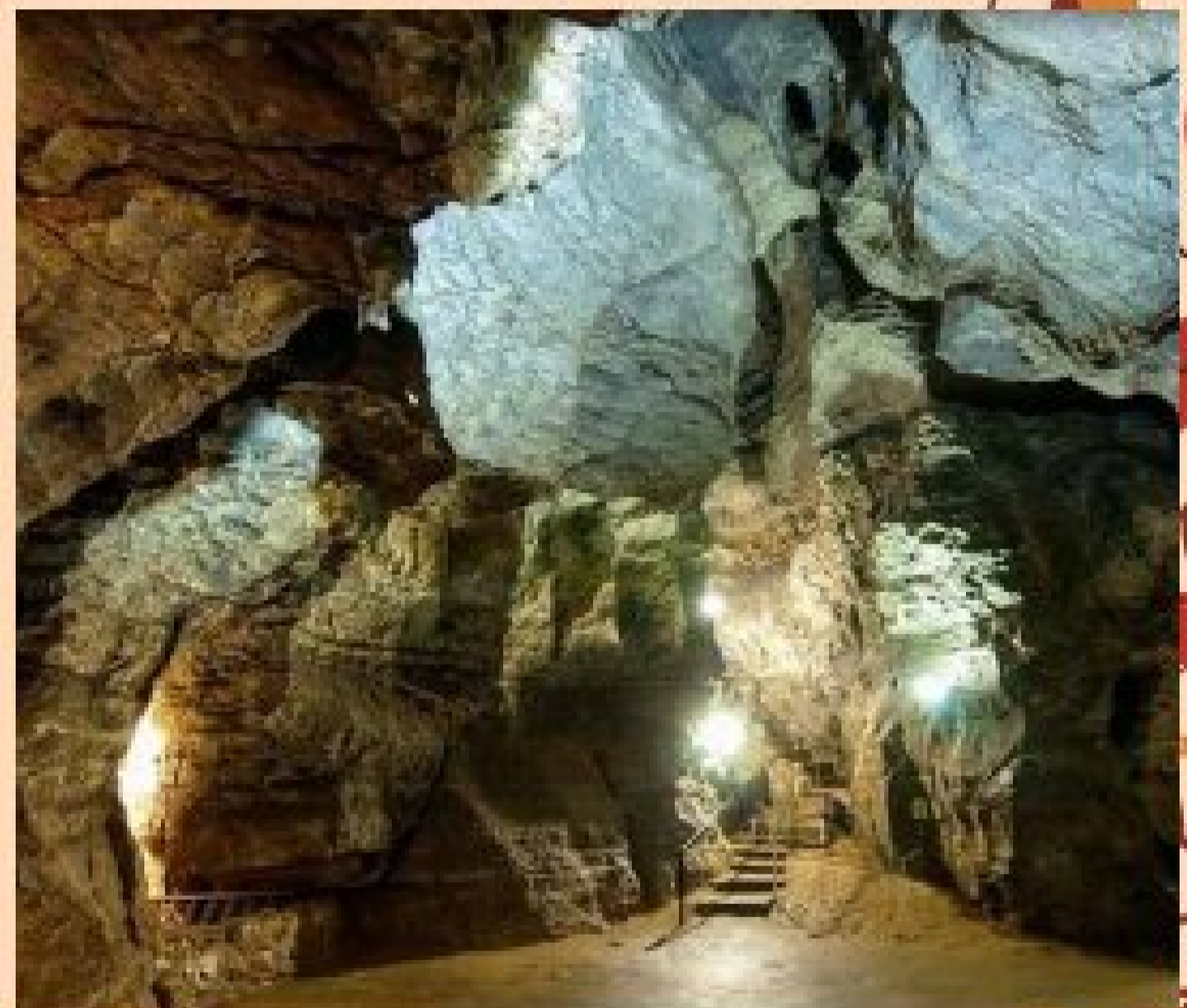
BROOKFIELDS

Private Nursing Home

Happy Birthday To you!

21st SEPTEMBER Nancy • 23rd SEPTEMBER Helen

This week we celebrate all things Derbyshire.
See if you can name all these famous places in Derbyshire.



Chatsworth House, Hardwick Hall, Matlock Bath, Blue John Mines, Dovedale Stepping Stones, Derby Cathedral