



WEEKLY BULLETIN

MONDAY 18th DECEMBER

11.00am Alive & Active Exercises

Afternoon – Christmas Movie Afternoon, Home Alone

TUESDAY 19th DECEMBER

Morning – Manicures

11.00am Christmas Holy Communion taken by the Revd Rachael Brooks

Afternoon – Christmas bingo fun

WEDNESDAY 20th DECEMBER

11.00am Alive & Active Exercises

Afternoon – Who can get the win to go into the lead before Christmas with the quiz today?

THURSDAY 21st DECEMBER

Morning – Manicures

Afternoon – Christmas Disco Yoga fun

FRIDAY 22nd DECEMBER

11.00am Alive & Active Exercises

Festive fun with Beki & Georgia's Christmas Party

Late Movie – White Christmas

SATURDAY 23rd DECEMBER

Afternoon – Play Your Cards Right

SUNDAY 24th DECEMBER

Christmas Eve

Afternoon Movie – It's A Wonderful Life, with mince pies & fizz!



BBROOKFIELDS

Private Nursing Home



As we celebrate Christmas Eve this Sunday, here are a few interesting facts from around the world about Christmas Eve.

1. In the Middle Ages, Christians celebrated Adam & Eve on Christmas Eve.
2. On December 24th 1968, astronauts Bill Anders, Jim Lovell & Frank Borman read the Genesis account of the Creation as they orbited the moon.
3. Libya celebrates its Independence Day on Christmas Eve every year.
4. Italians celebrate the Feast of the Seven Fishes (a seven course seafood meal) on Christmas Eve.
5. In Bolivia, they celebrate Misa del Gallo or Mass of the Rooster on Christmas Eve.
6. The Germans call Christmas Eve Heiligabend, (Holy Evening) when the pure in heart are meant to be able to hear animals talking.
7. The first performance of the carol Silent Night took place in the church of St Nikolaus in Oberndorf, Austria, on Christmas Eve 1818.
8. To deliver gifts on Christmas Eve to every child on Earth, Santa would have to travel 221 billion miles, spending .0002 of a second at each home.
9. According to an old superstition, bread baked on Christmas Eve will never go mouldy. This has not been verified experimentally.
10. Rudolph the Red-Nosed Reindeer almost had a different name. The creator, Robert L. May, was considering Rollo & Reginald before he finally settled on Rudolph.



Happy Birthday Kezzie !

20th DECEMBER