

WEEKLY BULLETIN

MONDAY 16TH JANUARY

9.30am – Fire Alarm Test

11.30am Alive & Active Exercises

Afternoon – Movie Afternoon

TUESDAY 17TH JANUARY

Morning – Manicures

Afternoon – Bingo

WEDNESDAY 18TH JANUARY

11.30am – Alive & Active Exercises

**Special lunch to celebrate
Chinese New Year**

Afternoon – All things Chinese/Lunar New Year

THURSDAY 19TH JANUARY

Morning – Manicures

Afternoon – Yoga stretch

FRIDAY 20TH JANUARY

11.00am – Alive & Active exercises

Afternoon – Quiztime

SATURDAY 21ST JANUARY

Afternoon – Play Your Cards Right

SUNDAY 22ND JANUARY

Afternoon – Memory Board Challenge

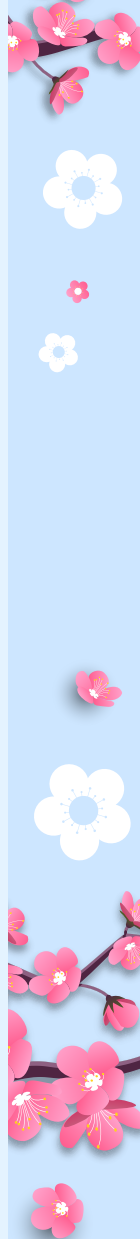
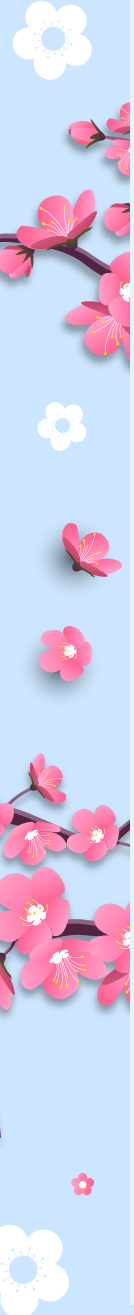
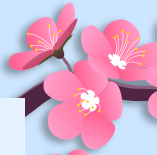
BROOKFIELDS

Private Nursing Home





Using J for January, can you name these actors whose name begins with J? Good luck!



DON'T FORGET IT'S SHERRY TIME AT 3.00 O'CLOCK EVERY DAY!