



## WEEKLY BULLETIN

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### MONDAY 14<sup>th</sup> OCTOBER

11.00am Alive & Active Exercises  
Afternoon – Activity of Residents Choice

### TUESDAY 15<sup>th</sup> OCTOBER

Morning – Jigsaw Club, Fresh Air & Manicures  
Afternoon – Get those elbows out and your dabbers at the ready, it's Bingo time!

### WEDNESDAY 16<sup>th</sup> OCTOBER

11.00am – Exercise with a difference  
Afternoon – Quiz day, are you ready?

### THURSDAY 17<sup>th</sup> OCTOBER

Morning – Fresh Air & Manicures / Afternoon – Card Games

### FRIDAY 18<sup>th</sup> OCTOBER

11.00am Alive & Active Exercises / Afternoon – Paint your own pumpkin

### SATURDAY 19<sup>th</sup> OCTOBER

Afternoon – What do you know about pumpkins?  
See if you can find out some interesting facts with our pumpkin.

### SUNDAY 20<sup>th</sup> OCTOBER

Sunday afternoon activity of Resident's choice

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NEXT WEEK... FRIDAY 25<sup>th</sup> OCTOBER 10.30am  
Bake Off Competition Judging with Coffee Morning  
to raise money for Macmillan Cancer Support,  
all very welcome.

**BROOKFIELDS**

Private Nursing Home



# AUTUMM

N W P N Y G B E W B O C  
 U O R N E E W O L L A H  
 T R P U M P K I N E A E  
 S C A U T U M N L R G S  
 E E S C A T T E V F C T  
 S R E G E T A E L E N N  
 T A N R O C S E A S O U  
 A C O R N T D U C K E T  
 P S H V R A I N Y Y A S  
 P F W I A R M G O U R D  
 L O B R L A W I N D Y P  
 E O R N U L E A V E S P  
 B D T E H P Y A T E S A

*Acorn, Apple, Autumn, Chestnuts, Chilly, Cobweb, Gourd, Halloween, Harvest,  
Leaves, Nuts, Pumpkin, Rainy, Scarecrow, Windy*



## HAPPY BIRTHDAY TO YOU!

Jay 16th OCTOBER • Bam 17th OCTOBER  
Georgia 20th OCTOBER